March Madness Reminder
With the NCAA Basketball Tournament (March Madness) right around the corner, this is a friendly reminder that the NCAA prohibits any member of the athletic department and any student-athletes from participating in any gambling activities.

Sports Wagering: This includes placing, accepting, or soliciting a wager of any kind with any individual or organization on any intercollegiate, amateur, or professional sporting events.

- Internet sport wagering (Draft Kings)
- March Madness Brackets that require a entry fee
- Auctions in which bids are placed on teams, individuals, or contests
- Pools or fantasy leagues in which an entry fee is required

Consequences of Sports Wagering
- Permanently ineligible if you...
  - Engage in activities designed to influence a portion or final outcome of a sports contest (i.e., point shaving, sport fixing)
  - Participating in a sports bet of any kind at your school
- Ineligible for a minimum of one year if you...
  - Participate in a sports bet of any kind via or through
    - Internet
    - A bookie
    - A parlay card
- Ineligible (length to be determined) if you...
  - Participate in a sports bet of any kind (other than those identified above) by putting something at risk (i.e., money, entry fee or anything of value) for the opportunity to win something
    - This would include participation of March Madness Brackets with entry fees

DON’T BET ON IT!

NCAA in the News: NCAA Comes Down on Southeast Missouri State University
The NCAA handed down penalties for the major infractions committed by the Southeast Missouri State University Women’s Basketball program. The Assistant Coach committed several recruiting and extra benefits violations.

Violations:
- Providing two PSAs and members of their family with free gifts during official visits and elite camp
- Giving one PSA access to his personal Netflix account
- Impermissible contact with a PSA during evaluation period and quiet period

Penalties:
- One Year Probation
- Two-Year Show Cause for Assistant Coach
- Reduction of number of recruiting days
  - 112 days for 2014-2015
  - 112 days for 2015-2016
- A limit of eight official visits during 2015-2016
- A $5,000 fine

Key Points:
- Always check the recruiting calendar prior to contacting a PSA
- Do not give any gifts or money to PSA
- If you have any questions about extra benefits, please ask compliance

Remember to ASK BEFORE YOU ACT!!

Recruiting Calendar

<table>
<thead>
<tr>
<th>Men’s Basketball</th>
<th>Men’s Ice Hockey</th>
</tr>
</thead>
<tbody>
<tr>
<td>March 1-30: Contact Period</td>
<td>March 1-31: Contact Period</td>
</tr>
<tr>
<td>March 31: Dead Period</td>
<td></td>
</tr>
<tr>
<td>Women’s Basketball</td>
<td>Men’s Lacrosse</td>
</tr>
<tr>
<td>March 1-31: Contact Period</td>
<td>March 1-31: Contact Period</td>
</tr>
<tr>
<td>Cross Country/ Track &amp; Field</td>
<td>Women’s Lacrosse</td>
</tr>
<tr>
<td>March 1-10: Contact Period</td>
<td>March 1-31: Contact Period</td>
</tr>
<tr>
<td>March 11-12: Dead Period</td>
<td>Men’s Soccer</td>
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<tr>
<td>March 13-31: Contact Period</td>
<td>Women’s Soccer</td>
</tr>
<tr>
<td>Field Hockey</td>
<td>Women’s Swimming/Diving</td>
</tr>
<tr>
<td>March 1-31: Contact Period</td>
<td>March 1-31: Contact Period</td>
</tr>
<tr>
<td>Women’s Ice Hockey</td>
<td>Skiing</td>
</tr>
<tr>
<td>March 1-16: Contact Period</td>
<td>March 17-21 @ 12pm: Dead Period</td>
</tr>
<tr>
<td>March 21 @ 12:01pm-31: Contact Period</td>
<td>March 1-31: Contact Period</td>
</tr>
</tbody>
</table>

ASK BEFORE YOU ACT!
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Spring Break CARA Reminder
With Spring Break (March 7-11) approaching, please remember the rules affecting CARA hours.

In-Season: 20-Hour Segment
- Daily and weekly hour limitations do not apply to countable athletically related activities during institutional vacation periods (Spring Break)

Out-of-Season: 8-Hour Segment
- May not participate in any countable athletically related activities during institutional vocational periods

Voluntary Athletically Related Activities
- Strength & Conditioning Coaches may conduct and design specific workout programs for student-athletes provided that the workouts are voluntary and by request of the student-athlete
  - The participation in these activities may not be reported back to the coaching staff
  - The student-athlete may not be subject to penalty if he or she elects not to participate in the activity