University of Vermont Athletic Medicine Emergency Plan
For: Indoor Track and Recreation Area

Nearest Phone: An Emergency call box (blue light) exists outside the main entrance to the Student Recreation Facility (South entrance), under the overhang. When the Fitness Center is open, there is one at the front desk.

Emergency Phone Numbers:
- Rescue (on Campus phone) 911
- (off Campus or cell phone) 802.656.3474
- UVM Medical Center Emergency Room 802.847.2434

Directions to the Indoor Track and Recreation Area: The track/recreation area is located on level one at the West end of the Gutterson Athletic Complex. EMS should be met at the Gutterson North Entrance-Public Door.

AED Location: Inside main entrance to Student Recreation.

In the event of an injury:

1. Athletic Trainer on site will decide if the injury requires EMS. In the event an athletic trainer is unavailable; the highest-ranking staff member will assume responsibility for care of the athlete. This person will be referred to from here as the ‘Responsible Party’. Order of rank will be: Performance Enhancement Coach, Assistant Performance coach, Intern Performance Coach, and Team Captain. Always consider potential for spinal cord injury when moving an injured athlete. Under no circumstances will the Responsible Party leave the injured athlete unless relieved by an ATC, MD or EMS.

2. Activate EMS for all emergencies including, but not limited to:
   a. Possible back or neck injury
   b. Possible heat exhaustion or stroke
   c. Compound or displaced fracture
   d. Loss or altered consciousness
   e. If an athlete stops breathing or has no pulse

3. The Responsible Party, while attending to the athlete, will designate the next ranked individual to contact EMS.

4. Upon contacting EMS, this person should identify themselves to the EMS personnel, give a clear description of the situation and provide directions to the location of the athlete.
   a. The description of the situation should include: the status of the athlete (level of consciousness), mechanism of injury, other symptoms, age of athlete and the telephone number and location from which you are calling. DO NOT hang up until EMS hangs up first.

5. This person will then proceed to unlock the appropriate doorways/gates and meet EMS at the entrance to the site and prepare to give a brief description of the situation to the EMS crew.

6. Once EMS has stabilized and readied the athlete for transport, the person making the telephone call will accompany the injured person to the emergency room, if possible. This person will be responsible for contacting the supervising AT or MD with information on the status of the injured athlete as soon as it is known.

7. The parents of the athlete may be notified of the injury only with permission of the athlete.

8. The Certified Athletic Trainer should fill out and properly file all appropriate injury forms and perform all appropriate follow-up procedures such as contacting the team M.D., Athletic Medicine Services Director, coaches, and Athletic Department with updated reports of the situation as indicated.

In the interest of the athlete’s right to confidentiality, under no circumstances are any individuals allowed to discuss the incident or circumstances surrounding it with anyone outside the UVM Athletic Medicine Staff without the student-athletes permission. This includes the media, other athletes, coaches, administrators, and fans, etc. If asked, politely respond, “I’m sorry, I’m not at liberty to discuss this” and refer them to the Athletic Medicine Services Director or Team Physician.